



Volunteer Centre

Newcastle

FESTIVE VOLUNTEERING

Hello happy people interested in volunteering.

FIRST – CHRISTMAS COLLECTIONS

I am working with the foodbank to make collections for the children off Newcastle. I am collecting chocolates and toys.

If you want to donate you can drop them at the volunteer centre building

Broadace House

Market Street East

NE1 6HQ

ON Saturday 5th and 12th 19th DEC 12 – 5pm

THANK YOU FOR ANY GENEROUSITY

This is a list of volunteer roles in December and roles bursting with opportunity for the New Year

VOLUNTEERING ISN'T JUST FOR CHRISTMAS

Save the date Saturday 5th Dec. Alternative Fair. Over 15 stalls of artists and crafters. Story telling in the grotto. Activities with Scotswood Community Garden.....even talk of mince pies! Broadacre House Market St East NE1 8XS

11AM – 3PM

ONE OFFS

Box Clever for Marie Curie

*Marie Curie is appealing to the people of **Newcastle upon Tyne** to help raise thousands of pounds by looking after collection tins in their local area.*

*We need more people to help manage collection tins that are in shops, bars and restaurants throughout the area, especially in **Newcastle City Centre, Heaton, Benton and Wallsend**. The money raised from these tins helps to provide one-to-one nursing care for terminally ill people in their own home.*

Katie Searles, Local Community Fundraiser said: "Looking after the collection tins is a really effective way to help support local Marie Curie nurses. We've got tins out in shops, restaurants and pubs but no one to look after them, so they aren't raising as much money as they could, which in turn affects the amount of Marie Curie nursing we can provide. We're looking for people who can visit sites in their local area once every 3 months to replace the full tin with an empty one, then count and bank the money raised".

*The more money that is raised, the more people in the **North East** living with a terminal illness can access free Marie Curie nursing care, enabling them to be at home, surrounded by their families and the things they hold most dear in their final days.*

*Please get in touch today if you would like more information and can give up a few hours to help fund local care. **Please call Katie at the fundraising office on 0191 2191205.***

South Tynedale Railway

Express your Elf

We are running our extremely popular Santa Express services on 5 days in December and are seeking cheerful individuals who would like to contribute to the success of this small self funded charity event.

If you have an urge to be Santa Claus, an elf, a platform helper, sing Christmas songs on the train, serve mince pies and hot chocolate, direct cars in the car park or generally delight our small visitors in the queue with finger puppet, yo yo's and tricks then look no further.

On the 12th, 13th, 19th, 20th and 21st December we offer free hot drinks and seasonal snacks and a year's free membership to those who will commit to at least one full day to help us out.

We are also happy to provide a feedback sheet for your portfolio should you require one.

Contact Hilary at h.norton@south-tyndale-railway.org.uk as soon as possible if you would like to be involved this year.

Give the gift of Christmas! HOST is looking for friendly people to invite an adult international student, far away from home, to spend four days in a home at Christmas. Learn about a new culture, introduce a student to British festivities, and make them feel welcome. Hosting is open to all people over the age of 18, regardless of how far you live from a University.

Visit www.hostuk.org or call 020 7739 6292 to be put in touch with your local organiser.

Changing Lives

Changing Lives is a national charity which supports people affected by addictions, homelessness, crime, abuse and exploitation, poverty and social exclusion.

We are looking for Christmas Events Volunteers who will be serving food, tea and coffee, meeting and greeting our guests and clients, chatting and spending time with our service users and enjoying Christmas events together.

Our Christmas Day Volunteers would be helping to cook and serve Christmas lunch, chatting and spending time with our service users and enjoying Christmas Day together.

To find out more about these, or any other roles, please contact Sead on 0191 481 3695 (sead.masic@changing-lives.org.uk), or visit our website: www.changing-lives.org.uk/get-involved/current-volunteering-opportunities

CRISIS Christmas call out

Kitchen Leader

We are looking for experienced kitchen leaders who can lead small teams of volunteers in a fast paced cafe environment. You would need to be an experienced head or sous chef.

Healthcare Advisor

If you are a qualified healthcare professional (MD or medical nurse) then you could offer general health advice to our guests encouraging them to access healthcare services through the year.

Wellbeing Session Leader

If you are a qualified physiotherapist, optician, pharmacist or podiatrist and would like to put your skills to good use this Christmas please get in touch with the Crisis at Christmas team.

<http://www.crisis.org.uk/pages/christmas-newcastle.html>

TOMA FUND

We support children, teenagers, young adults and their families in the North East and Cumbria, financially and emotionally, who are living through treatment for childhood cancers

We would really appreciate it if anyone could volunteer for the following bag packs:

Saturday 5th December 2015 – Morrisons Cowgate – 11.00 am to 6.00 pm

Saturday 12th December 2015 – Marks and Spencers Metro Centre – 10.00 am to 4.00 pm

Wednesday 23rd December 2015 – Morrisons Killingworth – 11.00 am to 4.00 pm

Thursday 24th December 2015 – Marks and Spencers Metro Centre – 9.00 am to 12.00 noon.

If interested contact us at info@tomafund.org or contact the office on 0191 495 6186.

Reindeer Fun Day

Smile For Life

Smile For Life needs about 30 volunteers on December 13th to help with jobs like stewarding the 1k course, manning the registration desk, serving hot food and drinks, and handing out goodie bags and antlers to runners

They need volunteers to help on the day from 9.30am - 4pm (the last run is about 3pm). It will be a really fun family day and a perfect way to give some time to help a local children's charity before Christmas.

Anyone interested in volunteering can contact the Smile For life office on 0191 2844166 or email info@smileforlife.org.uk

GREENING KENTON - HOW TO GET INVOLVED

Greening Kenton is a volunteer lead group, we aim to encourage a greener Kenton by running various events meetings and activities. In the near future we hope to start with these Activities:-

- Flower and bulb planting in Kenton Dene
- Setting up a simple Bird Hide by the feeding centre
- Distributing leaflets about Greening Kenton
- Making Nesting Boxes and erecting them in Kenton Dene
- Starting an allotment in the grounds of the Cowgate Centre
- Setting up a volunteer group to work with people who need help with their gardens. (For free but Donations to Greening Kenton will be accepted)

davidmturner@blueyonder.co.uk

Charity Gift Wrap Service

Saturday 19 December - Brunswick Methodist Church (City centre)

The Ghanaian Childrens' Trust will be providing a gift wrapping service from 11am - 4pm, at the Brunswick Methodist Church in Newcastle city centre.

This is a great way for busy Christmas shoppers to have sit down while someone else wraps their gifts with care. There will be no charge but donations welcome.

We need your help!! In order for the charity to make this a success we are looking for donations of Christmas paper, bows, ribbon, labels and sticky tape. If you have any to spare, we would be thankful for anything we receive.

If you would also like to volunteer some time, even an hour or so to help that would also be greatly appreciated.

If you think you can help please contact Colette Anson on 07745253396 or colette_anson@hotmail.co.uk, for more information and collection points.

Ghanaian Children's Trust, Charity No: 1106764 – supporting orphans and destitute children in Ghana www.ghanaianchildrenstrust.co.uk

Macmillan Christmas helpers needed.

We are currently looking for volunteers for the following dates:

4th Dec

Carol Singing Collection at intu Eldon Square 11am-12pm

Carol Singing Collection at The Bridges, Sunderland 10am-2.30pm

7th Dec

Carol Singing Collection at The Bridges, Sunderland 10am-3pm

8th – 12th Dec

Pantomime collection at Theatre Royal. 8.45pm-9.45pm

13th Dec

Pantomime collection at Theatre Royal. 6.45pm-7.45pm

15th Dec

Carol Singing Collection at intu Eldon Square 12pm-1pm

16th Dec

Carol Singing Collection at intu Eldon Square 12pm-1pm

Christmas Gift Wrapping at intu Eldon Square 12pm-2pm & 4pm-6pm

17th Dec

Carol Singing Collection at intu Eldon Square 2pm-4pm

Christmas Gift Wrapping at intu Eldon Square 2pm-6pm

19th Dec

Christmas Gift Wrapping at intu Eldon Square 12pm-6pm

22nd Dec

Christmas Gift Wrapping at intu Eldon Square 10am-6pm

24th Dec

Christmas Gift Wrapping at intu Eldon Square 10am-4pm

To get involved in any of these volunteering opportunities or for more information please contact jonathan.clegg@nuth.nhs.uk

New Year New Opportunities

RNIB Give a little time, make a big difference

Technology Support Coordinator

Could you coordinate and support volunteers in your area who help people with sight loss with their technology? If you have great organisation and communication skills and have an interest in helping people learn about and use technology, this could be the role for you

Home based in the Newcastle/Tyne and Wear area, access to telephone and email is required

Support the team of volunteers in your local area

Contact volunteers to help customers with their technology

Keep track of outstanding requests

Use our online system to update the progress of the customer requests

Volunteering Development Advisor volunteering@rnib.org.uk

The RAF Association

The RAF Association, the charity which supports the RAF family is looking for people to join its team of trained volunteers. The RAF family includes serving and former serving RAF personnel and their dependents.

A caseworker is someone who carries out welfare work for the RAF Association. Welfare work is about making a visit and listening to an individual and assessing their needs to find out how the Association can provide help and support.

Caseworker volunteers need to be caring and empathetic, with the ability to build rapport with others and put them at ease through a friendly and sensitive approach.

Caseworker volunteers will need to have good IT and report writing skills and have access to the internet. Volunteers should be able to work confidentially, in a non-judgemental manner and in line with the RAF Association volunteer agreement.

All volunteers receive a full induction and will be required to attend a 3 day Level One accredited training course in Welfare, which will take place in Leicester. Out of pocket expenses are reimbursed in line with policy.

Anyone wishing to find out more should contact Wendy Askew, Area Volunteer Coordinator on wendy.askew@rafa.org.uk or call 01772 426930

Oxfam Percy Street Temporary Cover for Christmas

christmas volunteers needed for all days monday to saturday 9.30 to 1.30 and 1.30 to 5.00

This is a temporary role to cover volunteers who have went home for the christmas holidays, the role is for 3 weeks in december starting the second week .Do you bit for a charity this year by volunteering your time 1 1/2 day a week will help us cover this busy time.

Yvonne Lyall, Tel. 0191-2220358 oxfamshopf0221@oxfam.org.uk

Volunteers Supporting Families project recruiting volunteers now!

The South Tyneside Volunteers Supporting Families (VSF) project recruits, screens, trains and places volunteers with families whose children are subject to a safeguarding plan or who have additional needs. The project enables volunteers to gain a unique experience of supporting vulnerable families who are in the social care arena or who have additional or complex needs. Volunteers can learn valuable new skills, make friends and make a difference to their community.

Volunteering Matters is currently looking for inspiring volunteers who understand the difficulties faced by families with additional or complex needs, who are good listeners and are keen to offer emotional and practical support to families in South Tyneside. Volunteers will need to be able to commit to at least one home visit a week for a minimum of six months. It is a demanding role but Volunteering Matters will provide training and support every step of the way.

If you would like to find out more information go to:

www.volunteeringmatters.org.uk/volunteers-supporting-families ; contact Alison Stepney or Tracey Hadaway on 0191 424 4740 / 0191 424 4741; or email STyneVSF@volunteeringmatters.org.uk

Family Lives are currently recruiting for volunteers giving emotional support and listening to callers on our busy national helpline.

We are holding an information session on– Saturday 16th January 2pm- 3.30pm. We are based in South Gosforth-

Followed by training on the following Saturdays 10-4.30 pm

Day 1 – Sat 30th January

Day 2 - Sat 6th February

Day 3 – Sat 13th February

If you are interested please email AdminNorthEast@familylives.org.uk for an application form giving full name and mobile number

- Or ring our office 0191-2844060

Children North East Families and Parenting Service needs (WEST END RESIDENTS)

Volunteers to support parents and their children living in the West of Newcastle.

- Do you have 3 – 4 hours a week to spare?
- Would you like to help families and children?
- Can you commit to volunteering for 12 Months?
- Would you like to gain new skills and experience?
- Are you a mum, dad, grandparent or resident living in the West of Newcastle?

If you have answered 'YES' to the above questions we would like to hear from you.

For your commitment you can expect to receive:-

- Training accredited to level 2 with ONE
- Regular support and supervision
- The opportunity to develop your skills
- Reimbursement of all out of pocket expenses

Carol Loyd, Lead Practitioner for Volunteers 0191 2727824

carol.loyd@children-ne.org.uk

Newcastle Community Green Festival

For over 20 years our lovely little festival has offered a wide range of music, entertainment, stalls, information and workshops. All with the aim of raising awareness of environmental issues while giving the community a great weekend in one of Newcastle's most beautiful parks.

We were all disappointed we couldn't bring you the festival in 2015 but this just makes us more determined to make the 2016 festival happen.

Everyone involved in organising the festival is a volunteer; using their spare time, in a wide range of roles, to put the event together. We've introduced working-groups to help organise things and allow people to be involved in whichever areas interest them most. You can be involved with as many groups as you wish and with various levels of commitment.

If you think you'd like to get involved please complete the enquiry form, by following the link below, to let us know a little about you and which area's you're interested in.

<http://goo.gl/forms/afrhlc6FNR>

We would love more people to get involved and help make the festival happen in 2016.

Martin Volunteer co-ordinator volunteer@newcastlegreenfestival.org.uk

Volunteer Guides needed for the Victoria Tunnel

The Victoria Tunnel guided tours are open to the public each week on Thursday evenings, Fridays, Saturdays and Sundays mornings and afternoons, with private tours on most other days. The tours which take visitors 700 metres into the Victoria Tunnel, need new volunteers to help with an increase in the number of visitors.

We are looking for people who will help us bring the history and heritage of the Victoria Tunnel alive and make a tour of it a wonderful fulfilling experience.

There is a training programme, where volunteers will develop skills, including:

1. Passion about heritage and history of the North East
2. Experience of working with people
3. Excellent communication and organisational skills
4. The ability to attend an occasional evening tour (finishing at 8.30 pm) and occasionally at weekends
5. The enthusiasm and the ability to work as part of a team.

If you are interested in joining our team of guides please give me a call on 0191 2616596, or email clive.goodwin@ouseburntrust.org.uk

Alzheimer's Society in Newcastle

The Alzheimer's Society in Newcastle are looking for people to volunteer with Games for the Brain. Games for the Brain is a six week programme of active sessions for people with dementia and their carers. Each group varies, but activity including sports such as table tennis, ping pong and other indoor sporting activities. You don't need to be good at any of the sports to volunteer, you will be supporting people with dementia and their carers to take up new hobbies or continue ones they enjoy. The sessions take place weekly for one and a half hours and are facilitated by our Dementia Support Worker and volunteers. Volunteers help to set up for the session, support participation in activities, prepare refreshments and clear up at the end of the session. You would need to be available for up to two and a half hours.

We are also looking for volunteers to help run a carers support group in Newcastle. Volunteers will provide support to the group leader to enable carers of people with dementia to engage with and socialise with other group participants in a welcoming and non-judgemental environment. The carers group offers peer support, information, education and provides structured activities with defined outcomes in a relaxed and safe group setting. Volunteers help to set up for the session, support participation in activities, prepare refreshments and clear up at the end of the session. You would need to be available for up to two and a half hours.

Fiona Swindell – Volunteering Officer

T: 0191 2983989

M: 07703607517

E: fiona.swindell@alzheimers.org.uk

AGE UK NEWCASTLE

A Volunteer wanted for Callerton Court Lunch Group held in Westerhope every Tuesday 11-2pm, duties would include collecting lunch money, serving lunches, and helping with the clearing up.

and

Passenger Assistants required to help on our transport full days or half days, duties would include helping passengers onto the mini bus, this would range from an arm link to a wheelchair transfer. Full Moving and Positioning Training provided.

Yvonne Shanley *Volunteering and Befriending Manager*

T: 0191 235 9903

M: 07773 979672

E: yvonne.shanley@ageuknewcastle.org.uk

W: www.ageuk.org.uk/newcastle

Advocacy Centre North East

Are you interested in volunteering with us?

We are looking for volunteers to become advocates with our Community and Neurological Advocacy services.

Can you give an hour or two a week, during the day, or in the evening? Do you have an interest in promoting and defending the rights of vulnerable people? We provide full induction for the role, ongoing support and out of pocket expenses.

Being a volunteer advocate is open to all sections of the community and no previous experience is required. We are looking for a number of personal qualities such as:

- Communication and listening skills
- Ability to keep boundaries
- Ability to respect confidentiality
- Ability to manage stress
- Ability to be flexible
- Ability to understand and implement equal opportunities
- Understanding of empathy
- Reliability and trustworthiness
- Approachability

For an informal chat about becoming a volunteer advocate, or to get an application form, ring 0191 235 7013 or e mail advocacy@cvsnewcastle.org.uk

RVS GOOD NEIGHBOUR SCHEME

We offer practical help that can make all the difference to older people - whether it's collecting a pension or a repeat prescription, walking the dog or changing a light bulb.

Often family members might live too far away to visit regularly so Royal Voluntary Service Good Neighbours provide valuable company and friendship as well as making sure the older person is safe and well.

It's our way of helping people stay independent whilst providing friendly, social contact and making sure they're safe and well. Good Neighbours help counter social

isolation and the service can act as a pre-emptive step to keep those who are vulnerable out of hospital

<http://www.royalvoluntaryservice.org.uk/get-help/services-we-provide/practical-support-at-home/home-from-hospital>.

Please call 0191 300 9334 charlotte.mulvaney@royalvoluntaryservice.org.uk

Journey to Justice (JtoJ) inspires and empowers people to take action for social justice through learning from human rights movements. We have a large network of people in the North East, created from our pilot project this year which was focused on an exhibition about the US civil rights movement, UK and Tyneside struggles for freedom and rights. We are in the process of applying for charitable status. Website: www.journeytojustice.org.uk Twitter: @freedomandjobs

The role(s)

1. Journey to Justice North East co-ordinator, home-based (this role could be shared)

The purpose of this voluntary role is to design, coordinate and deliver JtoJ's projects in the North East, in collaboration with the local steering group, administrator and national director.

Key tasks:

- Develop the priorities of JtoJ NE and maintain activities locally
- Organise occasional events/consultation meetings with local supporters
- Develop local networking and partnerships
- Ensure North East supporters are informed about national and local events
- Seek new outlets for publicity and promotion
- Maintain databases and records in line with JtoJ guidelines on data protection and confidentiality
- Maintain clear and consistent communication with the national and local teams

2. Journey to Justice North East fundraiser, home-based (this role could be shared)

- Help research potential sources of funding for JtoJ activities in the North East
- Help raise funds to support the JtoJ exhibition programme planned for Sunderland 2016

- Help raise funds to pay for activities planned by existing JtoJ North East supporters

While the North East network is growing, hours might be approximately 4-5 per week (each role) but this will fluctuate with demand and activity. We offer reasonable travel and admin expenses.

Desirable skills

Some experience of project management (for role 1) and fundraising (for role 2).
Confident about networking and event management (role 1).

Essential skills

Confident use of Word, Excel and Google Docs and social media (FB, Twitter),
Mailchimp - desirable

Excellent writing and verbal communication skills and must have access to a reliable computer.

Contact Carrie Supple carriesupple1@gmail.com Tel. 07711199198 for an informal discussion and please send your **CV, naming two referees and a covering letter (max. 2 sides)** outlining why you are interested and how your experience and skills fit the role. **Deadline: 5pm December 4th 2015.**

We hope to have people in post by mid-January 2016 ready to help with our exciting programme.
