

Hey Everyone

Date for your diary

20th June - Volunteer Week here at Broadacre house centre of town

So if you are not volunteering come along and talk directly to the coordinators

If you are volunteering come along talk, have a FREE Saturday cake and coffee

Lots of activities – people to meet and things to see

Times and arrangements will come soon

ONE OFFS

Alzheimer's Society

Memory Walk volunteer - Newcastle/Gateshead riverside 19/9/2015

- Assisting with activities on the Memory Walk day, as agreed – this could include setting up and dismantling the site, acting as an information point, registering and helping walkers, distributing information packs, managing cash from a variety of stalls, marshalling, helping to run stalls and refreshment areas.
- Following the direction of the Memory Walk Project Team and other colleagues as appropriate
- Ensuring that all activities take place in a safe way
- Following all basic paperwork and money handling procedures where applicable.

Volunteers over 18 only

Games for the Brain Volunteer

We are looking for enthusiastic volunteers to support the leader run the Games for the Brain sessions

In your volunteer role you would be asked to -

Help set up the room and making it safe and welcoming and help make it ours

Welcoming people and registering them

Talking to people as you give out refreshments

Helping to prepare simple refreshments and then helping with the clearing up afterwards

Support the group leader with planned activities and help people to get involved in their own way

Help the leader record any records of the session for future evaluation

We want reliable helping hands to make our Games for the Brain a roaring success

We will give you full awareness training and you will always be supported by the group leader and the society

The Games for the Brain runs once a week on every Friday pm in six week blocks

Must be aged 16 or over

Fiona Swindell fiona.swindell@alzheimers.org.uk

I work part time and will get back to you as soon as possible.

ESA Research

Are you on Disability Benefits?

Would you be willing to share your experiences and views on welfare support with a doctoral student to develop research in welfare policy and the effects on disabled individuals?

I am looking to conduct confidential 30 minute interviews with people who are receiving/being assessed for Employment and Support Allowance (ESA) or have been moved from ESA to Job Seekers Allowance. Participants needed between the ages of 18-60 from the North East of England.

For further information or to get involved, contact me at:

Email: j.brown.6@research.gla.ac.uk @JoMichelleBrown

Phone: 07435092085

Newcastle Community Green Festival 6th & 7th June 2015

Once again on the weekend of 6th & 7th June 2015, the fantastic Leazes Park in Newcastle will be transformed into the North East's favourite free festival. The festival provides a great place for people and organisations with an environmental or social conscience to share and celebrate their work and achievements. The festival atmosphere is enhanced by circus and street performances, great food and a live stage providing free music from some of the region's finest bands.

The 2015 Newcastle Community Green Festival - Newcastle Leazes Park, 6th and 7th June 2015

Volunteers Needed:

Our beautiful free festival offers a huge range of entertainment, workshops and information to spread a message of environmental protection and social justice. It is held annually and run entirely by a team of dedicated volunteers from the local community.

Date/Roles:

Friday 5th June / Build Crew

This includes fencing, signage, toilets, site decoration and everything else that goes into making the site safe and welcoming.

Saturday 6th & Sunday 7th June:

Festival Stewards

In the run up to opening, stewards help finish the set-up, assist stall holders and manage traffic. Once the event opens, the role moves to helping the public safely enjoy the event.

On Site Fundraisers

As the festival relies heavily on voluntary donations, we need festival loving people to collect donations from festival goers.

Kids Area Volunteer

Although a number of groups provide excellent activities for the kids, we also need additional volunteers to lend a hand and help run the area. Volunteers would need a current DBS enhanced disclosure certificate.

Well-being Area Volunteer

Volunteers would set up stalls, help rearrange the areas, for the needs of each workshop and answer visitor's questions about the health & well-being area.

Monday 8th June / Clear up Crew

On Monday we do the reverse of Friday and return the park to normal. Hopefully, cleaner and greener than we arrived.

You can volunteer for all four days or just a few hours, we don't mind but it helps us to know in advance.

Email volunteer@newcastlegreenfestival.org.uk for more information or follow the volunteer link on the web site.

Web: www.newcastlegreenfestival.org.uk

NORTHERN Pride 2015

Newcastle Pride Angel

Volunteers will help support a number of tasks during pride weekend, depending on the times and days that you help volunteer. Below is a list of opportunities that we usually ask volunteers to do but it is not an exhaustive list and normally there will be other tasks we expect volunteers to do. Volunteers will help support all events during the weekend including the Northern Frontrunners 5K Fun Run on the Friday evening and Paws with Pride on the Sunday afternoon.

Volunteer stewards help assist us to make sure that the parade runs smoothly, on time and more importantly is safe. Stewards are our eyes and ears if anything was to go wrong whilst the parade is en-route.

Typically, parade stewards will, make sure people on the parade stay in line, report any trouble e.g. counter protests, unacceptable behaviour, any accidents and a person requires medical attention.

Market Research Assistants help us by talking to members of the public throughout the day asking and encouraging them to provide feedback on our events. This is an important task for us as it helps prove the need for our events as well as valuable insight into what we do well and what we can improve.

Fundraising is one of the most important tasks volunteers have on the park. It is important that we raise as much money as possible to help support our future events. On the parade we will have parade stewards with buckets so they can collect money from members of the public on their way to the main event at the park. During our events we will have volunteers at entrances to events and floating around the sites.

Pride Guides offer our official programme to members of the public as they arrive at the park.

Eyes and Ears help with enquires that members of the public may have. All volunteers also help keep our events safe, and act as the 'eyes and ears' if something goes wrong on the park.

Golden Circle and VIP Meters and Greeters will help support the purchasing of wristbands for the golden circle, assignment of wristbands to VIP's and police the entry and exit to both areas.

For the majority of these opportunities, we will send volunteers off in pairs, so don't worry you won't be alone! But you **MUST BE OVER 18**

Mark Nichols mark.nichols@npride.org.uk

NORTHERN FRONTRUNNERS

Volunteers required to help marshal LGBT 5k run which takes place on the Town Moor, Friday July 17th. Attendance required 5.30pm until 8.30pm and volunteers under the age of 18 would need to be accompanied by an adult. Roles vary from helping to direct runners around course to handing out medals and goody bags. For further details, or to express an interest, please e-mail info@northernfrontrunners.co.uk

Race for Life

Race for Life Newcastle is back at the Town Moor for 2015, with the addition of our New Pretty Muddy event! Volunteers are an essential part of Race for Life and we need your support on July 11 and 12th. Without volunteers our events simply couldn't take place, so we need every one of you to unite together and lend a hand. By volunteering, you can get:

*Hands-on experience with people from all walks of life, while contributing to a worthwhile cause.

* Personal satisfaction of knowing you're helping to make a real difference in the fight against cancer.

* The opportunity to meet new people, and help out in your local community.

Join our volunteer army and help beat cancer sooner. Sign up today;
raceforlife.org/volunteer

RADIO TYNESIDE

"Save our Radio" Fundraising Coordinators

We are the oldest hospital radio station in the UK, broadcasting to the RVI, Queen Elizabeth and Freeman Hospitals since 1951.

As well as this we broadcast on medium wave and online to listeners from around the world, from the Tyneside to South Africa. We are a charitable organisation made up entirely of volunteers who have a passion for radio, and we have recently been shortlisted for seven awards at the Hospital Broadcasting Awards which are to be held in Gosforth at the end of March.

We are currently in need of someone to help fundraise for the station, otherwise we will be forced to close after 60 years of broadcasting.

We are looking for someone who has the knowledge and skills of organising fundraising events, whether they be 'traditional' activities or sourcing grants/corporate support from organisations. They must have excellent communication and organisational skills, and an individual who is self-motivated but whom can also work with the management team at Radio Tyneside.

We just need someone to help us raise the funds we need, so we can keep patients in hospital enjoying the music we play!

Get in touch with Radio Tyneside
Telephone – 0191 222 0 789
Email – info@radiotyneside.co.uk

If you can't volunteer but want to donate to keep us on the air send your letters here
Radio Tyneside, 3 North Terrace, Newcastle upon Tyne, NE2 4AD

Schools of Sanctuary Engagement Volunteer

City of Sanctuary is a movement to build a culture of hospitality for people seeking sanctuary in the UK.

'Schools of Sanctuary' is one of our programmes in which schools learn about what it means to be seeking sanctuary, embed concepts of welcome in their school community and share their achievements.

West End Refugee Service (WERS) provides services to empower refugees and asylum seekers and help them gain some control over their lives. Further information is available via www.wers.org.uk

You will be involved in:

- Promoting the programme.
- Regularly contacting schools working towards the award, and those who have already achieved it, to provide support/suggestions

- meetings for schools to share experience/ideas.

This role should take a maximum **time commitment** of half a day a week.

It would be ideal if you have previous experience of working in a school environment and/or as a governor, have excellent communication skills and are passionate about improving the lives of asylum seekers and refugees. This role will require an enhanced DBS check.

WERS will provide core **training** and the Newcastle: City of Sanctuary coordinator will provide **support/ supervision**

If interested please contact Sarah Smart via info@newcastle.cityofsanctuary.org.

ON GOING

AGE UK NEWCASTLE

Bus Buddies

Do you want to make a real difference to the lives of older people in your community? Age UK Newcastle are looking for volunteers to support people attending lunch clubs across the city. Your role would be to help people on and off the mini bus, keep them company on the journey, and ensure they are safe and comfortable. You would be part of a friendly and dedicated team of staff and volunteers and full training will be given. A range of hours are available so please give us a call for a chat.

Lunch Club volunteers - Kenton

We are looking for volunteers to help out at our lunch club at Anfield Court in Kenton on Wednesdays. You would be part of a small, friendly team of volunteers who make the day enjoyable for the older people who attend by serving lunches, washing dishes and having a chat and a cuppa!

Lunch Club volunteers - Jesmond

We are looking for volunteers to help out at our lunch club at St George's Church, Jesmond on Wednesdays. You would be part of a small, friendly team of volunteers who make the day enjoyable for the older people who attend by serving lunches, washing dishes and having a chat and a cuppa!

Volunteers for BME Lunch Clubs

We are looking for volunteers to help out at the following lunch clubs that we run for older people from BME communities:

- **Milna Julna** – a group for women that is held every Monday at Allan House, Wingrove Road North, Fenham.
- **Dosti** – a group from that is held every Thursday at Highmoor Court in Cowgate.

You would be part of a small team who make the day enjoyable for the older people who attend by serving lunches, washing dishes and having a chat and a cuppa!

If you would like further information about any of the above roles please contact Joanne Porter, Day Opportunities Coordinator on 0191 235 9910 or email joanne.porter@ageuknewcastle.org.uk

Sequence Dance Leader

Do you love dancing? Would you like to lead a weekly sequence dance session for older people in Newcastle?

Age UK Newcastle are looking for an enthusiastic and experienced volunteer to lead their Sequence Dance class which is held every Tuesday from 12.30pm -2.30pm at Blackfriars Centre, New Bridge Street, Newcastle. This is not a 'taught' class, but you would be responsible for organising the programme, putting together a playlist of music, collecting the money and announcing the dances. This is a friendly, well-established group of about 20 older people who enjoy their weekly get-together and are keen to find a new volunteer to keep their group going.

If you think you fit the bill, please contact Linda Williams, Activity Coordinator for further information on (0191) 235 9938 or email linda.williams@ageuknewcastle.org.uk.

Barnardo's Family Learning initiative

(FLi) is a new scheme run by the Orchard Mosaic Project. Based in Jesmond, Newcastle, but running in Newcastle and Gateshead, this programme offers help and support to families with children in primary school.

Families are referred to the project by primary schools and have been chosen because they are having a hard time through stress, anxiety, ill health possibly linked to school but also to issues at home.

In pairs volunteers will meet with the family on a regular basis over 12 weeks and engage in activities with the family liked to their hobbies and interested but also introduce them to experiences the families may not be familiar with eg theatre, concerts, museums, libraries, parks etc. Some of the activities will be free so the families can continue accessing them once the 12 weeks are over and some will be funded by Barnardo's. The overall aim is to encourage a love of learning and motivation to seek out new experiences and opportunities.

Days and times spent with the families are flexible according to the needs of the families and the availability of the volunteers but it is anticipated to be once or twice a week. This could also include contact by phone. There will also be a one night residential for the volunteers and families where activities such as climbing, abseiling, archery and rafting will be on offer for the families and volunteers.

No special skills are required by the volunteers just a friendly, outgoing, caring nature.

This programme needs to start QUICKLY so please contact us immediately

tracy.bell@barnardos.org.uk

Circles 2 – Barnardo's

An innovative community-based and volunteer-led service designed to break the cycles of violence and abuse experienced by women and their children where there are concerns about risk and safety.

From April 2015 we will piloting a two year project working with learning disabled women and their children who have experienced domestic/sexual abuse.

A circle is a group of volunteers (4 or 5) from a local community who are recruited, fully training, professionally supported and supervised in their work by Barnardo's.

- Able to achieve a balance between support, challenge and accountability

Volunteers will be required to attend a Circles 2 training day with additional evening workshops covering Learning Disability & other relevant topics. Volunteers will be professionally supported and supervised in their work.

Training day dates for 2015:

23rd May

20th June

18th July

5th September

21st November

Details of someone to contact

linda.elliott@barnardos.org.uk ; Jill.marriott@barnardos.org.uk

Tel: 0191 2120237

COCO Advert for Admin Volunteer

COCO is looking for a volunteer to assist with our administration. COCO is a charity working to improve the education of children in the developing world, currently we operate in East Africa. We are very lucky to have several student volunteers but we always fall short during the holidays when they all go home. We are a small team of 3 full time and 1 part time member of staff operating out of an office in the West End next to the discovery museum. We are a hard working friendly bunch and this position is for a reliable person with attention to detail and a love of administering and organising. Ideally we would like someone who can do 2 days a week or 2 half days.

Tasks will involve updating our database (we can teach you but computer literacy is required), sending our running packs to our supporters, calling people on the telephone and generally assisting with admin tasks as and when they arise.

If you are interested, please send a cover letter stating why you would like to do this and tell us a bit about you and we will ask you to come in and meet us.

Please send your cover letter to lucy@coco.org.uk or 3rd Floor, 14 Blandford Square, Newcastle upon Tyne, NE1 4HZ

DEPAUL UK**Mentor – TRAINING STARTS 11TH MAY**

Depaul UK offers homeless and disadvantaged people the opportunity to fulfill their potential and move towards an independent and positive future.

Mentoring is a service for disadvantaged young people living in the Newcastle and North & South Tyneside areas

To provide mentoring support to people from a variety of backgrounds, who are making the transition to independence.

Support

- To actively engage in a mentoring relationship with a young person for an agreed period
- To provide both emotional and practical mentoring support in the form of guidance, listening and assistance with any issues faced by the mentee.
- To instigate and meet with the mentee on a regular basis
- As part of the mentoring sessions with the mentee, accompany them to appointments and assist them deal with officials or refer them to other agencies if necessary.
- To keep basic records of time spent and activities conducted with the mentee. Submit volunteer expense records
- To attend “One to One” sessions 6 weekly with the Volunteer Co-ordinator
- To attend Support Group sessions

Volunteers should have an understanding of the issues faced by disadvantaged young people. The ability to work in a non-judgemental manner is also essential. Good communication and listening skills are important to this role.

A commitment of 2-3 hours a week - there will also be some evening and weekend events.

This role requires a police check DBS the organisation will pay and help you complete this

By email to Amy.Jobling@depauluk.org

Ellison Services Board Members require**ACCOUNTANT OR SOMEONE WITH PREVIOUS TRUSTEE EXPERIENCE**

Ellison Services Limited is a social enterprise and the wholly owned trading subsidiary of Newcastle CVS. We provide community accountancy and payroll services mainly to the voluntary and community sector in the North East. The company has been operating since 1993 and has seen its activity double in recent years. The services offered include:

- Independent examination of charity accounts
- Community Interest Company accounts and corporation tax
- Payroll
- Management accounts and support

To oversee this activity a board has been created with the required skills. The board has a maximum of seven members which includes Chair, Treasurer and Chief Executive of Newcastle CVS, another Newcastle CVS trustee and three external directors with relevant experience.

Three vacancies on the board have arisen recently for the external positions and we would like to offer the opportunity to individuals who are interested in supporting Ellison Services in its future development. We are particularly looking for applications from qualified accountants or those with experience of professional practice and also from people who have experience of being a trustee of a charity or voluntary organisation.

Please direct any enquiries to Ellison Services Manager Graeme Lyall by 30 April. Please email a brief summary of how you could help to graeme.lyall@ellisonservices.co.uk

Friends Action North East

1-2-1 Friendship mentor

A one to one friendship mentor supports an individual with a learning disability and/or Autism who has enrolled on to our programme (friendship finder) to achieve their friendship goals. A mentor will be expected to meet up with their friendship finder once a week/four night helping them meet up with existing friends or new people and engage in community activity.

A 1-2-1 friendship mentor is not a friend or befriender to the person they are supporting but a mentor who will support their friendship finder to build their own friends

IT Volunteers

Supporting all aspects of IT from data input, social media to campaigning for digital inclusion for people with learning disabilities and/or Autism. This role can be made to tailor people own time, commitment and expertise. Suitable volunteer can work either home or the office or mixture of both.

Group Support

Supporting people to try and develop independence skills in group environments. All groups are open to people on our programme and their guests. The ideal candidate for this role will be supporting people to do things on their own and encouraging people to become more independent at running groups and meeting with people on their own. Groups usually run once a month so ideal for someone who would like to volunteer a couple of hours a month. We already have groups from a general Saturday social to sports groups. This opportunity would also be good for anyone

who has skills in a particular area which might like to lead a group on e.g. If you're a dance instructor you could do a dance group etc.

Digital Inclusion Adviser

This role will make huge impact on the lives of people with learning and physical disabilities. We have already as an organisation has seen how digital media has supported people to become less isolated and more involved in the community. Our digital inclusion adviser role will also be directly involved in how we can improve digital opportunities, tools and resources, as well as directly involved in shaping policy and possibilities regionally.

Senior friendship mentor

To support on a 1-2-1 (about 2 hours per week/fortnight for a year) for someone with a learning disability and/or autism to develop their friendship skills and practise the skills required to going out with friends in their local community. This role also includes supporting other volunteers offering advice/guidance and sharing good practice.

A 1-2-1 friendship mentor is not a friend or befriender to the person they are supporting but a mentor who will support their friendship finder to build their own friends

jay@friendsaction.co.uk

GUIDE DOGS

Media Assistant

Guide Dogs relies on volunteers in a variety of roles and also fundraising and donations from the public and local business and community groups as we receive no statutory funding for our service from the government or any other body. Being able to harness support via effective use of the media is key to our work in Newcastle and the surrounding area and in order to improve our capacity and reach out to help more people live the life they want to we have created a volunteer media assistant role which will primarily involve writing impactful press releases and creating effective relationships with the media. If you have an interest or skills in writing, journalism or PR then we would love to hear from you. The role provides an excellent opportunity to develop skills that are relevant to future career or education plans and you will have the satisfaction of knowing that due to your volunteering someone somewhere is able to live life to the full with increased mobility and independence. Full training and induction is given by your volunteer staff contact who will also be on hand to provide ongoing support. To find out more contact Claire Devine on 08453727423 or newcastle@guidedogs.org.uk

HAND IN HAND

Working with socially isolated and elderly in Newcastle and North Tyneside through our Befriending Service, Lunch Clubs and Activities & Reminisce Clubs and Monthly Outings in Small Groups. Care and Compassion is at the heart of all we do. You can really make a difference to someone's life by volunteering with us.

OUTING COMPANIONS

We are looking for volunteers with or without transport who would support an elderly person on a monthly outing. The outings are normally in small groups of two service users with two outing companions. Full role description can be found on our website.

Visit www.handinhandproject.org.uk (website in the process of being updated so all the above roles may not show on it)

If you are interested in volunteering with us please contact Dan McArdle on 0191 2804265 / email dan@handinhandproject.org.uk

Kielder Observatory Astronomical Society (KOAS)

Kielder Observatory Event support/ Advisor

KOAS is a registered charitable incorporated organisation to further public outreach in the sciences of astronomy and cosmology. It serves to promote the universe to our guests, enabling people from all walks of life and levels of interest to access the visual splendour of our universe.

The events rely heavily on volunteer input but not everyone needs to be an astronomer, we are looking for people with enthusiasm and curiosity and obviously an interest in the night skies, but there are many opportunities for persons to get involved and many different levels, knowledge about astronomy is not essential, you will be surprised how quickly you learn things.

The list below indicates some of the activities that volunteers can undertake at a typical event. Some of these activities require little training or experience whilst others will require training that will be provided – usually on the job or at specific training events held at the observatory in the Kielder forest.

- Preparing for the event: ensure the room is visitor ready eg chairs out, tea and coffee facilities are ready, Telescopes in place. Lights and computer powered, fire lit, toilet ready, torches charged.
- Visitors arrive: Meet and greet, check visitors in, ensure visitor needs are met,
- The event: awareness of H&s issues, lead tours of the observatory, help with observing using telescopes, making and serving hot drinks, ensuring visitors leave safely and appropriately
- After the event: closing and tidying equipment away, clean and tidy kitchen area, locking up

Other potential roles

Guy Haveron Kielderobs@gmail.com

KEYRING CHAIN REACTION PROJECT

We are a national organisation working locally across Newcastle, who work with older people in the community, in supporting them to get involved in their local activities and to come together with other people.

Volunteers we have and who we seek are required to take our members out to the local art group or the local lunch club...or anything else that is available and suitable for the member. This is as flexible as can be, being up to the older person as to when they are free and able to attend.

We also run groups for our members to attend, so the men's and women's groups have outings and visits, talks, afternoon teas, etc. We need support for these from volunteers too.

Most of these activities are flexible through the day. So we would need volunteers to offer 2 to 3 hours of their time to be with the older person, going around with them to wherever they are going. You do not have to be a driver, accessing taxis and buses is a usual way of getting around for our members.

We offer support and supervision to our volunteers, as well as training on dementia, volunteer role, etc.

Expenses are paid for travel and other costs where applicable. You will be left with a greater recompense of knowing you are making an older person happier and involved!

For further info and advice, please contact:

Tim Oxley: Volunteer Coordinator on 07967 366 824 or e-mail:

tim.oxley@keyring.org

LookwideUK

LookwideUK are looking for Assistant Development Tutors to deliver personal development programme to disadvantaged and vulnerable young people aged 10-19. We use a broad range of activities, including getting outdoors, cooking, camping, sports, arts & crafts. Our programmes are delivered throughout the week, including school days, evenings and week-ends, but we are also looking for help over the school holidays, so whatever your availability we're bound to have an opportunity to fit! You will be required to undergo a DBS and supply 2 referees. To find out more visit our website www.lookwide.org.uk and contact Nicky – nicky.sargeant@lookwide.org.uk or 0191 251 4064.

Macmillan Cancer Support

Action Team Member

Opportunity Description

Finding the time to volunteer can be challenging. To respond to this we have developed the North East Action Team to fit around busy lifestyles.

The Action Team is a team of volunteers who sign up to support Macmillan in a particular location. As a member of your local Action Team, you'll be offered a wide variety of volunteering opportunities - you decide which events and activities you want to support, how often you volunteer and you choose whether the time and date suits you!

Today, 42 people in the North East will be told the news they have cancer. We would like to be there for each and every one of them, however, to continue to provide our expert medical, emotional, practical and financial help – we need YOU!

What activities might I be involved in?

- participating in public collections
- helping to recruit new volunteers and expand the local volunteer network
- getting involved in our campaigns to help improve cancer care
- speaking about Macmillan in your local community
- marshalling or cheering at our running/walking events

- **What's the next step?** Please contact our Fundraising Support Centre on 0300 1000 200 or e-mail fundraising@macmillan.org.uk
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Music in Hospitals

Community Fundraisers

To develop opportunities for generating income within local communities to 'gift' concerts to their local health care establishments, including care homes, hospital, hospices, day centres, residential homes and special needs schools.

This would involve organizing local community fundraising events such as holding a jumble sale, or organizing a town centre carol singing event to raise funds (we have plenty of ideas on this!).

We would like someone who would be willing to 'present' our work to groups such as the WI, Rotary Clubs, Girl Guides and other charitable groups, local schools and local businesses, with a view to engaging their support. The role would involve researching and contacting these groups in the volunteer's local area.

The role will be clearly structured but minimally supervised, however support will be available via email/ phone, and I will arrange to meet quarterly with all volunteers for updates and supervision.

This role would suit anyone with a passion for organizing events for good causes, charitable activities and groups, music, healthcare or community support.

Evaluators

Evaluating the impact of our concerts: attendance, feedback gathering, feedback collation and reporting.

To attend concerts where possible to gather feedback, otherwise post-concert phone calls can suffice. To collate feedback from all our concerts in the region (or as many as we can), and create regular reports on numbers attending (beneficiaries and family members/ friends), numbers of staff in attendance, how the concerts went generally, any comments/ anecdotal evidence from beneficiaries. Concerts take place in hospitals, hospices, care homes, residential homes, day centres and special needs schools, and we work with children, young adults, adults and the elderly. We use this data to demonstrate the impact of our concerts and crucially, to attract funding and support.

The role involves travel to concerts (normally within a reasonable locality of the volunteer) with expenses paid, or calling/ emailing health care establishments after the concerts for feedback. The role will be minimally supervised, but support will be available via email/ phone, and I will arrange to meet quarterly with all volunteers for updates and supervision.

This role would suit anyone with a passion for music, healthcare or community support.

Marketing & Promotion

To assist with promoting our concerts and raising the profile of our work in the region. Delivering posters and leaflets to local community hubs, developing our social media presence in the region, assisting with PR events and community fundraising events, liaising with other organisations to disseminate information through their media, potentially developing an online newsletter about our work in the region, assisting with the design of appeal materials.

The role will be clearly structured but minimally supervised, however support will be available via email/ phone, and I will arrange to meet quarterly with all volunteers for updates and supervision.

This role would suit anyone with a passion for promoting a good cause, for music, healthcare or community support.

Alison.Forbes@musicinhospitals.org.uk

Newcastle Carers

Newcastle Carers is an independent charity working citywide to provide support and information to unpaid carers - those who care for a family member or friend who is ill, disabled or has mental health or substance misuse problems. We provide a range of information and support services to help improve the quality of life for Newcastle carers.

We currently have 2 volunteering opportunities:

Promotion Volunteers

We're looking for enthusiastic people to help spread the word about Newcastle Carers, including:

- Distributing information to community, health and resource venues/organisations e.g. GP surgeries and libraries
- Attending community groups/promotional events as a representative of Newcastle Carers

Group Facilitation Volunteers

We're looking for people with good communication skills to assist with the running of peer support groups for unpaid carers, including:

- Attending support groups regularly (usually once a month)
- Assisting with the set-up of the room
- Welcoming carers to the group and making them feel comfortable
- Preparing refreshments
- Encouraging carers to develop friendships within the group and provide support to one another

Volunteering hours are flexible. We work with carers from diverse communities and welcome all enquiries.

If you are interested in either role, please contact Alison Neill for more information: alison@newcastlecarers.org.uk; 0191 275 5060.

OpportUNITY

Youth exchange YOUTH ENTREPRENEURIAL SPIRIT! (YES!)

05/29/2015 - 06/06/2015 and Belogradchik, Bulgaria

Participants; 18 - 30 years old

Food, accommodation are covered by organisers and travel cost are reimbursed if they stay in the budget

Support by booking the tickets and preparing for the youth exchange will be provided by Opportunity.

All people interested should email us (on office@opportunityuk.org) with paragraph why they want to participate by Tuesday 21st of April 2015. Those who apply first will be given priority by selection.

PSU Litigant Support

Could you use your people skills to help other people at risk of losing their home, losing access to children or dealing with debt and bailiffs? Newcastle Personal Support Unit (PSU) is looking for volunteers to join our court-based support unit. Our

trained volunteers give free, independent assistance to people facing proceedings without legal representation in civil and family courts.

PSU volunteers meet the needs of the clients in many practical ways without providing any legal advice. We also offer clients a listening ear and a chance to talk through their case. We are looking for volunteers who enjoy a challenging, varied environment and have plenty of initiative and an enthusiasm for helping other people. Volunteers do not need any legal background or experience.

To find out more about volunteering call 01912 618012 or email Newcastle@thepsu.org.uk. For more information about PSU visit the website www.thepsu.org.uk.

Stepney Bank Stable

Chairperson

Stepney Bank Stables use horses to engage with Children and Young People living in disadvantaged urban areas, helping to build confidence, self-esteem, resilience and interpersonal skills.

The stables have had to quickly adapt to a changing environment over the last 3 years. We are currently planning for the next five years and are looking for an individual who can lead us into the next phase of development.

The Chair will lead a team of trustees with a diverse range of backgrounds and experience.

We are looking for a dynamic person with an understanding of the third sector, business planning and human resources management.

Sara Newson

sara.newson@stepneybankstables.co.uk

0191 261 5544

www.stepneybank.co.uk<<http://www.stepneybank.co.uk/>>

http://youtu.be/kH1WK_lhNn4

VOLUNTEER CENTRE NEWCASTLE

Database Support

I am looking for someone able to

- Accurately record information on PC database
- Accurately record information on cloud version of database
- Be able to call members of the public and ask them a set of questions relating to their volunteer enquiries
- Send follow up emails to members of the public and manage a spreadsheet to remind you when follow up is due

I am looking for someone on a Monday or Thursday email/txt kwatson@csv.org.uk

07419988821

Appeal needing support

I urge you all to promote this petition and make your voices heard

This picture was taken when Saffat received his Brave Heart award.

https://www.change.org/p/home-office-i-am-saffat-2?just_created=true

It must be heartbreaking for the mother and brother of Saffat, knowing that they may be deported very soon, and they are unlikely to have access to Saffat's resting place ever again! I can't even begin to imagine the pain!

Just over 600 people have signed 'I Am Saffat' petition in 24 hours, and that's not close to enough!

We need thousands of signatures and not hundreds to support Saffat's mother and brother who are threatened with deportation!