

FEB 2017

Please EMAIL ME if you no longer want to receive this email

Karen

ONE OFFS..... give an hour give a day

RAINBOW STORIES

Do you have stories to tell about living as an LGBT (Lesbian, Gay, Bi, Trans) person living on Tyneside?

Are you over 50 and would you like to share your memories?

Can you help us gather stories that bring local history to life? Tyne & Wear Archives & Museums, together with HistoryPin Connections, are collecting personal stories from the older LGBT community living on Tyneside.

If you would like to find out how to take part in this project, please contact:

Clara Shield Assistant outreach Officer (HistoryPin) on 0191 2772332 or email clara.shield@twmuseums.org.uk

BARRETSTOWN (A SERIOUS FUN CAMP)

Volunteers at Barretstown are known as Volunteer Cara's (the Irish word for Friend) Barretstown offers free, specially designed camps and programmes for children and their families living with a serious illness - supported behind the scenes by 24 hour on site medical and nursing care.

During the **spring and autumn** we run Family Camps and Bereavement Camps for families. The commitment for Family camps is (2pmFriday - 3pmSunday) and Bereavement Camps (2pmThursday-3pmSunday).

We also run one children's camp run over the Easter and Halloween breaks.

During the **summer** we run children and teen camps. These camps are 8/9 days in duration. As the children come to camp from Europe during the summer we also require Chaperones and Interpreters.

Chaperones escort the children to camp and home again from their country of origin and act as volunteer Cara's when at camp

All Chaperones must be fluent in English and help with translation. Children come to Barretstown from across the UK.

As a volunteer you perform a key role in supporting and encouraging each child to take part in all aspects of camp, while making sure they're safe and supervised at all times.

Most importantly you'll help them have fun! You will be assigned to work with a family and/or activity group of children depending on the camp you attend.

You will encourage and support the children and parents to partake in all activities and to act as a Cara "friend".

We are a residential camp based in Co. Kildare, Ireland. Food, accommodation and transportation from Dublin to camp are provided.

3 or 4 day weekend camps during the spring and the autumn and 8 day summer camps. Please see our camp calendar

<https://www.barretstown.org/volunteers/camps/camp-calendar/>

Andrea Smyth +353 (0)45 863 167 andrea.smyth@barretstown.org

Volunteer must be aged 19+

TEENAGE CANCER TRUST

Three events will raise money for Teenage Cancer Trust to support young people (age 13 to 24) with cancer.

- [Abseil 150ft from the top of the Sandman Hotel, Newcastle](#) -Sunday June 11th 2017

Live life on the edge in this abseiling adventure in Newcastle, held at the iconic [Sandman Signature Hotel](#), which is a mere stone's throw from the heart of football, St James's Park!

Test your nerves and help support young people with cancer!

Registration is just £25 and we ask that you pledge to raise a minimum of £150

[Book](#) your abseil today.

Hopefully there is a challenge to suit most people but if not we have plenty of opportunities to volunteer at the events-for more information click [here](#)

ACTION FOUNDATION

Action Foundation, a Newcastle based charity, are challenging you to live on £15 for one week to raise money for their projects supporting destitute asylum seekers.

Could you live for a week on £15? That's just over £2 a day. Sound difficult?

That is the reality for over 200 destitute asylum seekers living in Tyne and Wear right now surviving on £15 a week provided by local charities.

We are challenging you to get sponsored to live on £15 for 1 week to experience first-hand some of the many difficulties facing destitute asylum seekers living in the region.

From the 18th – 24th February we will be running our 15 for 7 challenge. Don't worry if the week we have chosen doesn't work for you as you can do the challenge anytime time to suit you.

We want as many people as possible to get involved so we are leaving it up to you to decide how you will spend your £15. You might choose to try and feed yourself for £15 a week or include travel costs. Or really test yourself and cover food, travel costs and socialising!

More information can be found on our website
http://www.actionfoundation.org.uk/news_events.html or contacting
harrieturwin@actionfoundation.org.uk

PEERTALK

Are you a good listener? Interested in mental health issues?

We are recruiting volunteers to become Support Group Facilitators, to launch a Peer Support Group for people living with depression in Newcastle.

Our volunteers facilitate and manage the space - they don't offer advice, or need to be experts in mental health. It's the members of the group who come along who offer each other support and encouragement from their own experience of living with depression. Creating a space where people feel accepted and valued is central to this role.

Our volunteers are trained in listening and facilitation skills, as well as briefed in the characteristics of the mental health issues they may encounter. Safeguarding, self-care is covered and volunteers are introduced to the policies and procedures of PeerTalk. Ongoing training is offered and continuing support.

The training day for our Newcastle volunteers will take place on Saturday 18 March, 9.45 - 4pm in Newcastle (venue to be confirmed)

We ask for a commitment of 18 months during which time you'll facilitate a group with another trained volunteer for 3 consecutive meetings at a time, although you may wish to do more!

For a full volunteer role description, please see

<http://www.peertalk.org.uk/index.php/volunteer>

To apply, go to <http://www.peertalk.org.uk/index.php/application>

If this is something you feel you could offer, we'd love to hear from you.

WALK THE WALK

MoonWalk Scotland 2017

Join our 1,000 strong team of incredible volunteers at The MoonWalk Scotland at Holyrood Park, Edinburgh on 10th June to enjoy a different kind of Saturday night and help to raise millions of pounds whilst doing so!

Help us create an exceptional atmosphere by taking on one of our 20 different roles to choose from, which means there is definitely something for everyone!

Roles range from welcoming our walkers at the Entrance Gate, answering walker queries in our Directional Team or getting hands on in Tattoos & Balloons to giving out hugs and medals in the Finish Line Team or organising and returning walker bags as part of our Baggage Team – plus many more!

Not sure what you want to do? Let us know what your skills and experience are and we'll choose the right role for you!

To register, click the following link and fill out our online registration form:

Volunteer at The MoonWalk Scotland 2017

<http://walkthewalk.org/volunteer/moonwalk-scotland-2017/>

If you have any questions, feel free to email us at

volunteers@walkthewalk.org or call us on 01483741430.

Action Hosting open evening at The CastleGate, Melbourne street NE1 2JQ

Newcastle based organisation, Action Foundation, has been live with their hosting scheme for over 6 months, and we are looking for new volunteer hosts. We are holding open evenings to talk about our hosting scheme. **If you have a spare room and would like to help someone who is homeless, then hosting may suit you.**

The dates for the evenings are:

- **Wednesday 29th March 1800-1900**
- **Wednesday May 10th 1800-1900**
- **Wednesday June 21st 1800-1900**

Our scheme helps destitute asylum seekers in the Tyne and Wear area. Hosts will provide a safe place to sleep, for people who have nowhere else to go, for an agreed and defined amount of time. We will provide full induction training to all hosts who are who are eligible to become part of the scheme.

Would you like to find out more? Come to our meeting and we can tell you how the scheme works and what support we will give you.

There is more information about the scheme here:

www.actionfoundation.org.uk/projects_hosting.html

If you would like to come to our meeting, please RSVP at

hosting@actionfoundation.org.uk and let us know which date you would like to attend.

On Going

...roles that need longer term commitment

THRIVE

Supporting A therapeutic Gardening Group (Saltwell Park)

Thrive is the leading charity in the UK using gardening to bring about positive changes in the lives of people living with disabilities or ill health, or who are isolated, disadvantaged or vulnerable.

We need volunteer too

-To support our horticultural therapists in delivering a high level of service to individuals with a disability. These individuals (client gardeners) come to our gardening programmes with a range of disabilities and the programmes they are

following will vary from general gardening to working towards horticultural qualifications.

-To develop social interaction with client gardeners and encourage them to work with and talk with others.

-To work alongside client gardeners encouraging them in their work but not doing the tasks for them.

-Supervising, with others, the client gardener group over lunch breaks and occasionally when the therapists are engaged in assessing and related paperwork.

Sue Kemp 0191 477 6287 Sue.Kemp@Thrive.org.uk

RCTN – DEPUTY TREASURER

WOMAN ONLY ROLE

Are you good with figures?

Rape Crisis Tyneside and Northumberland (RCTN) is looking for a women to join as **Deputy Treasurer** to the Board of Trustees.

We are a feminist organisation. We work to end victim blaming and rape culture which enables sexual violence to take place and go unpunished. We also provide vital services for women who have experienced sexual violence at any time in their lives.

We are looking a woman who has some experience of financial management who is interested in being trained to become the organisation's Treasurer.

You will assist the Treasurer to:

- Maintain an overview of the organisation's financial affairs.
- Ensure RCTN's financial viability.
- Ensure that proper financial records and procedures are maintained.

This is a voluntary post.

To download a role description

<http://www.rctn.org.uk/how-you-can-help-us/volunteering/deputy-treasurer/>

Tel: 0191 222 0272

Email: enquiries@rctn.org.uk

SHANT BEE

Shanti Sunday Support

Shanti Bee is a wellness space in South Heaton offering Complementary Health therapies and Alternative Health Activities at affordable rates.

Our activities aim to nourish the body, elevate the mind and support the spirit.

The last Sunday of every month we host a day of donation-based alternative well-being activities inviting practitioners from across the region to run workshops.

Shanti Sunday Support would help with

- General support front of house and in kitchen
- We need someone to support Rosie Mason in the general running of the day. This will include, making tea

This is the next event on Facebook.

<https://www.facebook.com/events/1372462099494448/>

It may be that we would like to ask for someone to help us clean the centre on a regular basis.

We are also planning to develop the garden area in the next couple of months.

BRITISH RED CROSS

Independent Living, Independent Living Service Volunteer (ILSV)

The British Red Cross helps millions of people in the UK and around the world to prepare for, respond to and recover from emergencies, disasters and conflicts.

In the UK, our Independent Living (IL) services responds to the needs and wishes of service users who are in crisis. We offer 'one point of contact' to help the service user access a suite of services, everything is together in one package as needed and required. We work with a range of issues from people recovering from illness, surgery or an accident, to struggling with a life-changing event.

As an IL Service volunteer the primary aim is to the person to recover from their crisis and to receive practical and emotional support.

You might support with various tasks including:

- > Visiting the person in hospital with a view to supporting their discharge
- > Transporting the person home from hospital
- > Visiting the person on their arrival home from hospital and settling them in
- > Keeping someone company for a few hours at a time
- > Helping the person to regain independence by supporting them with practical tasks such as shopping, collecting prescriptions and light meal preparation

- > Sitting with the person and relieving the relative or carer of continuous care
- > Keeping paper records of contact and activities undertaken with the person
- > Referring the person to mobility aids and to other external services as appropriate

We keep the person at the heart of what we do, working to understand their needs and the difference we make. You need to have good interpersonal, diplomacy, communication and teamwork skills and full training can be given for any necessary technical requirements

[Hannah Barugh 0191 273 7961 HBarugh@redcross.org.uk](mailto:HBarugh@redcross.org.uk)

ADVOCACY CENTRE NORTH

Advocacy is speaking up for someone to ensure their wishes are listened to – this could be at meetings – either in person or on the phone

We have many people looking for an advocacy partner

Could you help and support someone to be heard

Martin

Martin is 35. He has recently been diagnosed with Asperger's and as a result, Martin is having to understand and assimilate a lot of new information. He finds this difficult and overwhelming. In addition Martin has issues with Post Traumatic Stress Disorder and his benefits but struggles to find the services he needs to support him with this. Martin 'doesn't like to be a bother'. Martin needs a volunteer to help him to understand information presented to him and to find out about the additional support and services that might be available to him

Sau Ying

Sau Ying is an 83 year old lady who has been living in this country for a lengthy period of time and has recently had a stroke. Sau Ying is currently housebound as she is waiting for an OT assessment around equipment for her bathroom and for her wheelchair to be repaired. Sau Ying's daughter is supportive but works full time and is finding the situation overwhelming. Sau Ying needs support to contact the OT to find out further information about the assessment. Sau Ying is also waiting for a repair to her wheelchair which would enable her to get out into the community again and visit with friends and needs a volunteer's support to hasten this process

For more information and an application pack contact Alison York

alison.york@cvsnewcastle.org.uk 0191 235 7013

ST OSWALD'S HOSPICE VOLUNTEERING OPPORTUNITIES – FEBRUARY 2017

Student Volunteering Week is taking place between the 20th and the 26th of February. We are marking the week by encouraging more students to sign up to become a volunteer and saying a

HUGE THANK YOU for the contributions already made by our student volunteers to the lives of our patients, children and families.

Volunteering is a fantastic way to learn new skills, gain experience, meet new people and help contribute to a worthy cause and here at St Oswald's, we have a variety of opportunities available no matter your age, gender or capability.

- **WARD HELPERS** – providing extra pair of hands assisting with non-clinical tasks such as chatting to patients, making drinks and running errands for staff and patients.
- **HOUSEKEEPERS** - providing support staff with domestic tasks involved in the day to day running of St Oswald's Hospice, the tasks include; general cleaning and tidying of communal areas and facilities.
- **KITCHEN ASSISTANTS** - assisting with food prep and general assistance in our very busy professional kitchen

To find out about these and other volunteering opportunities, please email us volunteer@stoswaldsuk.org, call us 0191 246 9125 or visit our website <https://goo.gl/cZqzXO>

We are looking for volunteer Stock Processors to help prepare items for sale at our busy Central Sort facility based in Newcastle city centre. Tasks include sorting and organising donations, plus steaming, tagging and hanging/arranging stock.

We also have vacancies for Shop Floor Assistant volunteers to join our fun and friendly shop teams in: Sunderland, Gateshead, Four Lane Ends and at our Dunston Furniture store.

All roles are flexible, whether you can offer an hour, a morning/afternoon, or a day or two a week plus you'll have the chance to gain a NVQ qualification.

To find out more about other retail volunteering opportunities, please visit our website - <https://goo.gl/ryFg2E> or contact the retail helpdesk via retailhelpdesk@stoswaldsuk.org or call 0191 246 9071. You can also pop into any of our shops to speak to the manager.

CRISIS SKYLIGHT NEWCASTLE

Reception Assistant

Crisis Skylight Newcastle is in the process of renovating and making improvements to the building following member consultation in 2015. Phase 2 of the refurbishment is reception/ground floor and therefore a new temporary reception is being recited to another area of the building. We are looking for volunteers to work alongside our local Skylight Staff and be part of the team to ensure members/volunteers/tenants and visitors can access the centre safely

Assistant Receptionists starting from 27th February and running through to 31st March. We are looking for up to 12 volunteers who can commit to one (or more) afternoons per week during this time period.

Working under the supervision of a member of our Administration Team you will:

- Greet visitors to the Centre ensuring that they are signed into the building correctly
- Answer enquiries in person, by phone and by email directing enquiries to the appropriate person
- Keep the reception area clean and tidy
- Manage individuals or groups in the temporary reception area

- Provide IAG about Crisis and its services and activity programme
- Help to put members at ease if appropriate whilst they are waiting for the duty service helping out with providing refreshments
- Provide ongoing feedback to the team on ideas or learnt experiences of ways to better manage the temporary reception set up or access.

Skills

1. Have a good understanding of the Crisis Skylight service
2. Be friendly, approachable and have commitment to the role
3. Be able to talk and listen to people individually and in a group setting
4. Be non-judgmental and respectful of others
5. Have the ability to multi task and remain calm when under pressure
6. Follow all Crisis Policies/procedures under the supervision of a member of the admin team
7. Be reliable and good at timekeeping
8. Be in in good physical health as role will involve going up and down stairs

Emily Marshall emily.marshall@crisis.org.uk 0191 453 7109 (direct)

CATS PROTECTION

Enjoy talking to people?

Do you have the gift of the gab and a passion to make a difference to cat welfare?

It's an important part of our work at Cats Protection to help people understand about cats and how to look after them.

We're looking for volunteers to give talks to youngsters and seniors in schools and community groups.

Full training given.

Come and join our friendly education team!

www.cats.org.uk/learn

Abigail Christie **07972658383** Abigail.Christie@cats.org.uk

NEWCASTLE CARERS

Newcastle Carers is a small charity based on Shields Road in Byker. We support unpaid carers - those who care for a family member or friend who is ill, disabled or has mental health or substance misuse problems.

We are looking for someone to volunteer as a receptionist in our busy office, usually once a week (days and times to be arranged). You need to be friendly and organised, with good communication and telephone skills.

The role involves:

- Meeting and greeting people at the desk
- Welcoming carers and making them feel at ease
- Answering the telephone to carers as well as professionals

Sometimes carers need to share information about their difficult situations; it is essential that our volunteers are good at listening and behave with discretion.

Volunteers must be over 18. All volunteers are provided with out-of-pocket expenses, training and support. We work with people from diverse communities and welcome all enquiries.

If you are interested in volunteering with us please contact our Volunteer Development Worker, Alison Neill, for more information: alison@newcastlecarers.org.uk; 0191 275 5060.

RELATIVE EXPERIENCE

Befriender needed.

There are people across Newcastle who are looking after a family member's child on a permanent basis.

They are often isolated and lonely, just needing someone to share their concerns with.

Could this be you?

The Relative Experience Project helps to support the families by matching volunteer befrienders with families.

We provide full training, expenses for travel and ongoing support for all of our volunteers

Yvonne Brown, tel 0191 257 2504 Yvonne.brown@grandparentsplus.org.uk

CARING HANDS

Trustees are a vital part of our organisation and the driving force behind the charity. We currently have spaces available on our board and we are looking for motivated new members

We are looking for people who could benefit our development by bringing on board skills in the following areas

- Marketing
- Fundraising
- Strategic Planning
- Charity Accounts
- Able to 'look outside of the "box" re problem solving

It would be helpful in the broader sense, to have Involvement with or knowledge of, either now or in the past:

- CCGs strategies

-NHS procurement
-NHS strategy, changes, funding
[Dawn Henderson 0191 261 5234 contact@caringshandscharity.org.uk](mailto:contact@caringshandscharity.org.uk)

ALZHEIMER'S SOCIETY

Representative, North East

We are looking for Local Representatives in the North East including Newcastle.

How does the role make a difference?

Local Representatives use their considerable knowledge, skills and experience to represent the Society with external organisations, statutory agencies, local forums, alliances and at awareness-raising events.

Whilst not a decision-making role in itself, Local Representatives act as an authentic and expert voice for dementia locally and their involvement is key to influencing local decision-makers to improve services for people living with dementia.

You would be attending a range of meetings and promote the Society's work with a wide variety of external agencies as a representative of the Society, in particular local health and social care bodies, Care Commissioning Groups, GP groups and lay scrutiny groups

We are looking for someone who can make a commitment of up to 10 hours per month.

The role will require travel across the local area covered.

We provide an induction into the role, on-going learning and development opportunities.

In addition we reimburse agreed out-of-pocket expenses.

Contact Fiona on 0191 2983989 or email Fiona.swindell@alzheimers.org.uk

MS SOCIETY Newcastle and Gateshead Group Fundraising Volunteer

We're the MS Society – a community of people living with MS, scientists, campaigners, listeners, organisers, ambassadors and fundraisers. 68% of all our activity is delivered through voluntary contribution. Join us. Our local groups are run by volunteer teams who fundraise and deliver a range of activities and services to support people affected by MS.

Around 5,000 people are diagnosed with MS every year – that's 100 a week. As a fundraiser you will be supporting us to raise vital funding to progress research and support local services across the UK. Researching and talking to prospective supporters to develop links with local organisations.

- Assisting with risk assessments and completing and signing off finance declarations.
- Assisting with all aspects of fundraising volunteer journeys such as recruiting, inducting and supporting fundraising volunteers.
- Understand fundraising needs and aims to meet the group's fundraising requirements.
- Organising and planning fundraising events throughout the year.
- Keeping up to date with guidance, information and fundraising initiatives on a local and national level.

- Maximising Gift Aid contributions.

Sheila Crawford 07919 698307 Sheila.Crawford@mssociety.org.uk

MARIE CURIE

Marie Curie offer expert care, guidance and support to people living with a terminal illness and their families.

Marie Curie's regional partnership team require support with building a network of support through businesses across England to help raise much needed funds to support the local services across the UK and are looking for a corporate partnerships fundraising volunteer.

As a corporate partnerships fundraising volunteer you will support the regional corporate fundraising team with all elements of developing these networks – from research and planning through to attending networking events, distributing information and supporting existing partnership activity.

If you are looking for an opportunity to share your business skills and experience or looking to build your skills in a fundraising team and health care environment Marie Curie would be delighted to hear from you. If you have experience using Microsoft office, using research tools online and are confident on the phone and able to communicate clearly please do get in touch.

To apply for this role please contact Kyla on 07876 148774 or email kyla.collins@mariecurie.org.uk

Marie Curie can offer an initial induction, on-going support and agreed reasonable out of pocket expenses to support you in this role.

NEPACS

Nepacs Family and Parenting Service works with people released from prison or those at risk of going to prison, and their families on behalf of Northumbria Community Rehabilitation Companies in Newcastle, Gateshead, Sunderland, South Tyneside, North Tyneside, and Northumberland.

We offer support, information and advice to ex prisoners, whose families may have multiple needs, about parenting and making and maintaining contact with their children (where appropriate).

We also work with those who may have relationship issues with their partners or adult family members. Volunteers will support to deliver our Dads course, assist with a weekly drop in service for ex prisoners and help us to deliver a 4 week course to women recently released from prison in Women's Hubs throughout Northumbria.

Anyone interested in this role can request an application pack at volunteering@nepacs.co.uk or call our Volunteer Coordinator on 0191 375 7278.

SEARCH

Walking Football at Scotswood Sports Centre

At a loose end? Want to help your community and get a bit fitter?

Then why not come along to our FREE Walking Football activity.

Grainger Park and Search are two charities in the west end who facilitate and promote a Walking Football session on Tuesday mornings at Scotswood Sports Centre on Denton Road (opposite the Excelsior Academy). Although the session is aimed mainly at older people, we need more people to come along and join in to give participants with older legs and lungs the chance of a breather. The sessions are free and they are great fun. They take place either inside the sports hall or outside on an artificial pitch depending on the weather, and anyone who can stand up and swing a leg can join in. Men and Women welcome.

Trainers and suitable clothing recommended.

For more information

see <http://www.searchnewcastle.org.uk/index.php/activities/groups/walking-football> or call Search on 0191 273 7443

THE PEOPLE'S KITCHEN

Operations Manager - 4 hours x 5 days per week flexi-time.

Tasks and responsibilities

- goods reception, storage and distribution
- donor delivery management
- telephone messaging management
- facilities management, including premises, security, hygiene
- quality control purchasing and services delivery
- provide resources for events and projects
- recruit ad hoc help at busy times for donation reception and storage

The ideal candidate will have the following attributes:

- strong organisational and interpersonal skills
- an ability to work effectively in a team environment
- excellent project, planning and time management
- previous experience of working in operational management
- a strong commitment to equal opportunities and social justice

Recruitment Team Dean.Auld@peopleskitchen.co.uk

GUIDE DOGS NORTH EAST – MY GUIDE SERVICE

My Guide Newcastle urgently needs volunteers to help us promote this innovative service.

The role is varied and will include:

- Identifying locations to distribute My Guide service literature within the Newcastle area e.g. libraries, local organisations.
- Helping find, plan and attend, information meetings or talks to promote the service.
- Working with staff to identify media opportunities for targeted recruitment of volunteers and service users.
- Act as an ambassador for Guide Dogs - promoting its services and demonstrating its values.
- Develop the My Guide community in Newcastle – organising events enabling volunteers and customers to interact.

If you have excellent communication and interpersonal skills, can effectively contribute to a team and work independently with minimal supervision this could be the role for you.

Experience of marketing or recruitment would be an advantage.

In return you will:

- Become a valued member of Guide Dogs
- Have a direct impact on people with a visual impairment in your community
- Be given training and resources to enable you to undertake your role effectively
- Payment of reasonable expenses

This role requires you have an Enhanced Disclosure.

For more information or an informal chat, please contact Catherine on 0345 1430220 or email me: Catherine.parry@guidedogs.org.uk

SEARCH RESOURCE CENTRE FOR OLDER PEOPLE

Supporting community activities

Volunteers are required to support a range of activities designed to overcome isolation, loneliness and promote good health amongst older people 55 plus.

Opportunities include hosting weekly and monthly events, reception, administration, teaching IT, arts and crafts entertainment, gardening and leading healthy walks.

Any role related training and support given in-house.

We are looking for a friendly and welcoming personality willing to engage with others.

No qualifications required.

Martin Brennan martin.brennan@searchnewcastle.org.uk 0191 273 7443 ext. 204

Friends Action North east

Aims: We are a local charity that supports and champions friendship for Adults with a learning disability and/or mental health issues. One of the things that we address in our model of supporting friendship is to reduce the impact that social isolation can have on people's physical and mental health, and by forming sustainable friendships and community connections people can lower the risks associated with loneliness.

1-2-1 Friendship mentor

A one to one friendship mentor supports an individual with a learning disability and/or Autism who has enrolled on to our programme (friendship finder) to achieve their friendship goals. A mentor will be expected to meet up with their friendship finder once a week/fortnight helping them meet up with existing friends or new people and engage in community activity.

A 1-2-1 friendship mentor is not a friend or befriender to the person they are supporting but a mentor who will support their friendship finder to build their own friends

IT Volunteers

Supporting all aspects of IT from data input, social media to campaigning for digital inclusion for people with learning disabilities and/or Autism. This role can be made to tailor people's own time, commitment and expertise. Suitable volunteer can work either home or the office or mixture of both.

Group Support

Supporting people to try and develop independence skills in group environments. All groups are open to people on our programme and their guests. The ideal candidate for this role will be supporting people to do things on their own and encouraging people to become more independent at running groups and meeting with people on their own. Groups usually run once a month so ideal for someone who would like to volunteer a couple of hours a month. We already have groups from a general

Saturday social to sports groups. This opportunity would also be good for anyone who has skills in a particular area which might like to lead a group on e.g. If you a dance instructor you could do a dance group etc.

Digital Inclusion Adviser

This role will have a huge impact on the lives of people with learning and physical disabilities. We have already as an organisation seen how digital media has supported people to become less isolated and more involved in the community. Our digital inclusion adviser role will also be directly involved in how we can improve digital opportunities, tools and resources, as well as directly involved in shaping policy and possibilities regionally.

Senior friendship mentor

To support on a 1-2-1 (about 2 hours per week/fortnight for a year) for someone with a learning disability and/or autism to develop their friendship skills and practise the skills required to going out with friends in their local community. This role also includes supporting other volunteers offering advice/guidance and sharing good practice.

A 1-2-1 friendship mentor is not a friend of befriender to the person they are supporting but a mentor who will support their friendship finder to build their own friends.

If you are interested in any of our volunteer opportunities then please get in touch, we would love to hear from you:

Tel: 0191 231 4327 info@friendsaction.co.uk www.friendsaction.co.uk

PAID JOBS

Advocate (Welfare Advocacy Service)

In recent years a combination of welfare reforms, precarious employment conditions and cuts to public services has meant many people are facing hardship and struggling to make ends meet. More and more people are in need of help but do not always know where to go to get support or are unable to access the support available on their own. Increasingly services are only available online, which means that those who do not have access to a computer or do not know how to use a computer are unable to access services.

The film I, Daniel Blake – which was filmed on location in Newcastle upon Tyne – has brought to public attention the difficulties many people face in navigating their way through the welfare benefits system. Like the characters in the film, many people who have fallen on hard times and are in need of support feel they are caught up in a bureaucratic process that they barely understand.

In response to this, we are looking for people who are skilled in advocacy with knowledge and expertise in welfare benefits, finance and debt issues who are experienced in supporting people with disabilities and physical or mental health needs.

Role description AND APPLICATION

<http://www.cvsnewcastle.org.uk/jobs/192-advocate-welfare-advocacy-service>

CHAIN REACTION DEVELOPMENT MANAGER

The Chain Reaction development manager will be responsible for managing, promoting and marketing the new Chain Reaction service. The service is commissioned by Newcastle City Council to combat social isolation and works with older people (55+) to support them to live independently in the community. We are keen to develop demand for the service across adult social work teams and with people who would like to purchase the service privately. This will generate income for the service and ensure it is sustainable.

We are seeking a leader, who will contribute to Search achieving its growth aspirations. The successful candidate will develop and nurture strong relationships with senior stakeholders across the Health and Adult Social care, to partner them through this journey of change, and support colleagues and staff in transitioning their skills to meet the future development aims.

POST: Chain Reaction development manager 37 hours per week

Salary: NJC Point 29 £25,951

Annual leave: 25 days plus bank holidays pro rata

Post holder reports to: Chief Officer

Closing date for applications: 10am Monday 20 February 2017 by email FAO

Johanne Mears to info@searchnewcastle.org.uk

Interviews: 1 March 2017

How to Apply

The job description with person specification and our application form can be downloaded here:

[Job description and job specification](#)

[Application form](#)

Completed applications should be emailed FAO Johanne Mears to info@searchnewcastle.org.uk by 10am Monday 20 February 2017

EVENTS, EDUCATION AND ACTIVITIES

MILLION WOMEN RISE DEMO

Hello,

For the past couple of years we have organised a bus to London to take part in the incredible Million Women Rise Demo.

We are considering organising a bus again but don't want to book anything without knowing there is some interest. We never make a profit on the bus but we are concerned about making a loss on the bus and therefore costing the charity money.

We want to know:

- If you would come
- Approx. how many would be in your party
- If possible the level of ticket price you would buy.

Million Women Rise is a brilliant experience, it's a lush opportunity to share a space of solidarity and defiance.

The details are:

We usually leave Central Newcastle at 5am and get back at about 11.30pm

We can arrange a pick up at Durham Services if needed

Date: Saturday 11th March

For more information about Million Women, go to: <http://www.millionwomenrise.com/>

We don't know exact prices yet but they will probably be similar to last year, they were:

- £45.00 - Your place on the bus + a contribution to another woman's place
- £30.00 - Full cost of your place on the bus
- £00.00 - Free place for women with limited funds (please note these places are limited)

It would be great if you could signal your interest asap so we can decide whether we should organise a bus and what sizer bus to get.

Best wishes,

Dawn

EVERMORE

Would you like to study at Higher Education level but think your disability, long term physical or mental health condition will hold you back?

Evermor Solutions provide comprehensive support for people who have a disability and want to study at Higher Education level.

You are not required to attend a University campus as courses are taught via distance learning (online) and are part-time.

We provide:

- * Dedicated Support Workers
- * Fully equipped and accessible study centres
- * IT support and training
- * Help with all application paperwork

If you do not have formal qualifications don't worry. Most of our student do not have qualifications but with the right support they are more than capable of studying at this level.

Please contact Neil Dews on 0191 4920910 or 07841775911 for further information or visit our website at

www.evermorsolutions.co.uk <<http://www.evermorsolutions.co.uk>>

SPORTING CHANCE

- Are you aged 55 or over and like sport?

- Do you want to get out a bit more and maybe get a bit fitter?
- Need advice on how to stay active and healthy?
- Are you free on Tuesday afternoons?

Sporting Chance is a brand new multi-activity session from Search for older people who are interested in sport, but might find it an effort to take part in intensive sport.

Our Sporting Chance sessions will include:

- Gentle sporting activities (table tennis, golf putting challenge)
- A sports quiz and a chance to enter a sporting sweepstake
- Modest prizes for the winners

When? Tuesday afternoons, starting Tuesday 31st January 2017
Drop in from 12noon to 2pm

Where? Scotswood Sports Centre, Denton Road
(opposite the Excelsior Academy)

Cost? £1 – Price includes tea/coffee and bacon butty*
*vegetarian alternative will be provided if advance notice given

For more information please contact:
Adam at Search (0191 273 7443) or Viv at Grainger Park (0191 274 3716)
